St Bernard Dance and Fitness Studio July

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
-		1	2	3	4	5
StB Studio		Yoga	i	PiYo	STUDIO CLOSED	PiYo
4803 Tower Avenue		9:30-10:30am	NO Tai Chi	10:00-11:00am	i	10:00-11:00pm
St Bernard, OH			i		HAPPY JULY 4TH!	
Questions:						
Kate: 513-324-3513						
or			*Zumba Tone (Pat)			
Rec. Dept: 513-641-3137			5:30-6:30pm	*Zumba (Allison)		
6				7:15-8:15pm		
	7	8	9	10	11	12
	*Zumba (Kate)			NO PiYo	NO Strength Foundations	NO PiYo
	10:00-11:00am	Yoga	NO Tai Chi			
* HYBRID (In Studio & ZOOM)		9:30-10:30am				
ZOOM Link	17 1 (2.0)					
ID: 997 276 3326	*Zumba (Pat)		*Zumba Tone (Pat)			
Passcode:StBStudio	5:30-6:30pm		5:30-6:30pm	*Zumba (Allison)		
				7:15-8:15pm		
13	14	15	16	17 BIV-	18	19
	*Zumba (Kate) 10:00-11:00am	Vone	NO Tai Chi	PiYo 10:00-11:00am	Strength Foundations 10:00-11:00am	PiYo
	10:00-11:00am	Yoga 9:30-10:30am	NO lai Chi	10:00-11:00am	10:00-11:00am	10:00-11:00pm
		9.30-10.30am				<u> </u>
	 					
	*Zumba (Pat)		*Zumba Tone (Pat)			<u> </u>
	5:30-6:30pm		5:30-6:30pm	*Zumba (Allison)		
	<u> </u>		· ·	7:15-8:15pm	1	İ
20	21	22	23	24	25	26
	*Zumba (Kate)			PiYo	Strength Foundations	PiYo
	10:00-11:00am	Yoga	NO Tai Chi	10:00-11:00am	10:00-11:00am	10:00-11:00pm
		9:30-10:30am				
	#7b = (D=1)		+7h - 7 (7. 0)	_		
	*Zumba (Pat)		*Zumba Tone (Pat)	*Zumba (Allison)		
	5:30-6:30pm		5:30-6:30pm	7:15-8:15pm		
27	28	29	30	31	+	+
	*Zumba (Kate)	123	190		_	July Unlimited
	10:00-11:00am	Vone	NO Tai Chi	_	_	Class Pass/Fitness Pass
	10:00-11:00am	Yoga 9:30-10:30am	NO IAI CIII	_	_	\$50/mo See your Instructor!
		9.30-10.30a111	-	-	_	(cash or check)
			-	-	-	Regular Class Rates:
	*7b = (Det)		+7b - Tono (D-1)			1st Class Free/ \$7 Drop-In
	*Zumba (Pat)	_	*Zumba Tone (Pat)	_		
	5:30-6:30pm		5:30-6:30pm			10 Class=\$50/ 20 Class=\$85