

St Bernard Dance and Fitness Studio February

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
StB Studio 4803 Tower Avenue St Bernard, OH Questions: Kate: 513-324-3513 or Rec. Dept: 513-641-3137	February Unlimited Class Pass/Fitness Center Pass \$50/mo.- See your Instructor! (cash or check)			1 PiYo 10:00-11:00a	2	3 Rental/Tone&Tighten 8:45-9:45am PiYo 10:00-11:00am	
	Regular Class Rates: 1st Class Free/ \$7 Drop-In 10 Class=\$50/ 20 Class=\$85				*Zumba (Allison) 7:15-8:15pm		
4	5 *ZUMBA TONE (Kate) 10:00-11:00am NEW CLASS!! *Zumba (Pat) 5:30-6:30pm	6 Yoga 9:30-10:30am Rental/Stretch&Strength 7:00-8:00pm	7 Tai Chi 10:45-11:45am NEW CLASS!! *Zumba Tone (Pat) 5:30-6:30pm	8 PiYo 10:00-11:00a *Zumba (Allison) 7:15-8:15pm	9	10 Rental/Tone&Tighten 8:45-9:45am PiYo 10:00-11:00am	
11	12 *ZUMBA TONE (Kate) 10:00-11:00am * HYBRID (In Studio & ZOOM) ZOOM Link ID: 997 276 3326 Passcode:StBStudio NEW CLASS!! *Zumba (Pat) 5:30-6:30pm	13 Yoga 9:30-10:30am Rental/Stretch&Strength 7:00-8:00pm	14 Tai Chi 10:45-11:45am NEW CLASS!! *Zumba Tone (Pat) 5:30-6:30pm	15 PiYo 10:00-11:00a *Zumba (Allison) 7:15-8:15pm	16	17 Rental/Tone&Tighten 8:45-9:45am NO PiYo	
18	19 *ZUMBA TONE (Kate) 10:00-11:00am NEW CLASS!! *Zumba (Pat) 5:30-6:30pm	20 Yoga 9:30-10:30am Rental/Stretch&Strength 7:00-8:00pm	21 Tai Chi 10:45-11:45am NEW CLASS!! *Zumba Tone (Pat) 5:30-6:30pm	22 PiYo 10:00-11:00a *Zumba (Allison) 7:15-8:15pm	23	24 Rental/Tone&Tighten 8:45-9:45am NO PiYo	
25	26 *ZUMBA TONE (Kate) 10:00-11:00am NEW CLASS!! *Zumba (Pat) 5:30-6:30pm	27 Yoga 9:30-10:30am Rental/Stretch&Strength 7:00-8:00pm	28 Tai Chi 10:45-11:45am NEW CLASS!! *Zumba Tone (Pat) 5:30-6:30pm	29 PiYo 10:00-11:00a *Zumba (Allison) 7:15-8:15pm			