

St Bernard Dance and Fitness Studio

April

www.facebook.com/StBDanceandFitness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
StB Studio 4803 Tower Avenue St Bernard, OH Questions: Kate: 513-324-3513 or Rec. Dept: 513-641-3137	APRIL Unlimited Class Pass/Fitness Center Pass \$50/mo.- See your Instructor! (cash or check)	1	2	3	4	5
	Regular Class Rates: 1st Class Free/ \$7 Drop-In 10 Class=\$50/ 20 Class=\$85	Yoga 9:30-10:30am	NO Tai Chi	PiYo 10:00-11:00am	Strength Foundations 10:00-11:00am	PiYo 10:00-11:00pm
		Rental- Contakids 3:45-4:45pm	*Zumba Tone (Pat) 5:30-6:30pm	NO Zumba (Allison)		
6	7	8	9	10	11	12
	*Zumba (Kate) 10:00-11:00am	Yoga 9:30-10:30am	NO Tai Chi	NO PiYo	NO Strength Foundations	NO PiYo
* HYBRID (In Studio & ZOOM)		Rental- Contakids 3:45-4:45pm	*Zumba Tone (Pat) 5:30-6:30pm	*Zumba (Allison) 7:15-8:15pm		
ZOOM Link ID: 997 276 3326 Passcode:StBStudio	*Zumba (Pat) 5:30-6:30pm					
13	14	15	16	17	18	19
	*Zumba (Kate) 10:00-11:00am	Yoga 9:30-10:30am	NO Tai Chi	PiYo 10:00-11:00am	Strength Foundations 10:00-11:00am	PiYo 10:00-11:00pm
	*Zumba (Pat) 5:30-6:30pm	Rental- Contakids 3:45-4:45pm	*Zumba Tone (Pat) 5:30-6:30pm	*Zumba (Allison) 7:15-8:15pm		
20	21	22	23	24	25	26
	*Zumba (Kate) 10:00-11:00am	Yoga 9:30-10:30am	Tai Chi 10:45-11:45am	PiYo 10:00-11:00am	Strength Foundations 10:00-11:00am	NO PiYo
	*Zumba (Pat) 5:30-6:30pm	Rental- Contakids 3:45-4:45pm	*Zumba Tone (Pat) 5:30-6:30pm	*Zumba (Allison) 7:15-8:15pm		
27	28	29	30			
	*Zumba (Kate) 10:00-11:00am	Yoga 9:30-10:30am	Tai Chi 10:45-11:45am			
	*Zumba (Pat) 5:30-6:30pm		*Zumba Tone (Pat) 5:30-6:30pm			