

St Bernard Dance and Fitness Studio

JUNE

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
StB Studio 4803 Tower Avenue St Bernard, OH Questions: Kate: 513-324-3513 or Rec. Dept: 513-641-3137	StB/Westside Tae Kwon Do Monday/Wednesday: 7:00-9:30pm- ALL Belts Saturday- By Invitation Questions: Donald Middendorf middpackorbetter@yahoo.com	JUNE Unlimited* Class Pass/Fitness Center Pass \$50/mo.- See your Instructor! (cash or check)	1 NO PiYo Tai Chi-Standing 10:45-11:45a Studio Rental/Cardio Blast 5:45-6:45pm Tae Kwon Do 7:00-9:30pm- ALL Belts	2 Yoga 11:15-12:15 *Zumba 7:00-8:00pm	3	4 Studio Rental/Cardio Blast 8:46-9:45am PiYo 10:00-11:00am TaeKwon Do- By Invitation 11:00-12:30		
		5 * HYBRID (In Studio & ZOOM) ZOOM Link ID: 997 276 3326 Passcode:StBStudio	6 *Zumba 10:15-11:15am Tae Kwon Do 7:00-9:30pm- ALL Belts	7 Yoga 9:30-10:30am Studio Rental/BARRE 7:00-8:00pm	8 NO PiYo NO Tai Chi-Standing Studio Rental/Cardio Blast 5:45-6:45pm Tae Kwon Do 7:00-9:30pm- ALL Belts	9 NO Yoga *Zumba 7:00-8:00pm	10	11 Studio Rental/Cardio Blast 8:46-9:45am NO PiYo TaeKwon Do- By Invitation 11:00-12:30
		12	13 *Zumba 10:15-11:15am Tae Kwon Do 7:00-9:30pm- ALL Belts	14 Yoga 9:30-10:30am NO Studio Rental/BARRE	15 NO PiYo NO Tai Chi-Standing Studio Rental/Cardio Blast 5:45-6:45pm Tae Kwon Do 7:00-9:30pm- ALL Belts	16 Yoga 11:15-12:15 *Zumba 7:00-8:00pm	17	18 Studio Rental/Cardio Blast 8:46-9:45am PiYo 10:00-11:00am TaeKwon Do- By Invitation 11:00-12:30
		19	20 *Zumba 10:15-11:15am Tae Kwon Do 7:00-9:30pm- ALL Belts	21 Yoga 9:30-10:30am Studio Rental/BARRE 7:00-8:00pm	22 NO PiYo NO Tai Chi-Standing Studio Rental/Cardio Blast 5:45-6:45pm Tae Kwon Do 7:00-9:30pm- ALL Belts	23 Yoga 11:15-12:15 *Zumba 7:00-8:00pm	24	25 Studio Rental/Cardio Blast 8:46-9:45am PiYo 10:00-11:00am TaeKwon Do- By Invitation 11:00-12:30
26	27 *Zumba 10:15-11:15am Tae Kwon Do 7:00-9:30pm- ALL Belts	28 Yoga 9:30-10:30am Studio Rental/BARRE 7:00-8:00pm	29 NO PiYo NO Tai Chi-Standing Studio Rental/Cardio Blast 5:45-6:45pm Tae Kwon Do 7:00-9:30pm- ALL Belts	30 Yoga 11:15-12:15 *Zumba 7:00-8:00pm	<table border="1"> <tr> <td style="text-align: center;"> St. Bernard Dance Questions: Call Laura Mosley 513-617-3443 </td> </tr> </table>		St. Bernard Dance Questions: Call Laura Mosley 513-617-3443	
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